



The Centre Street Messenger

Centre Street United Methodist Church
217 N. Centre St.
Cumberland, MD
(301)-722-5370
centrestreetumc@yahoo.com

Sunday Schedule

9:30 AM—Worship Service

9:30 AM Christian Education for Children

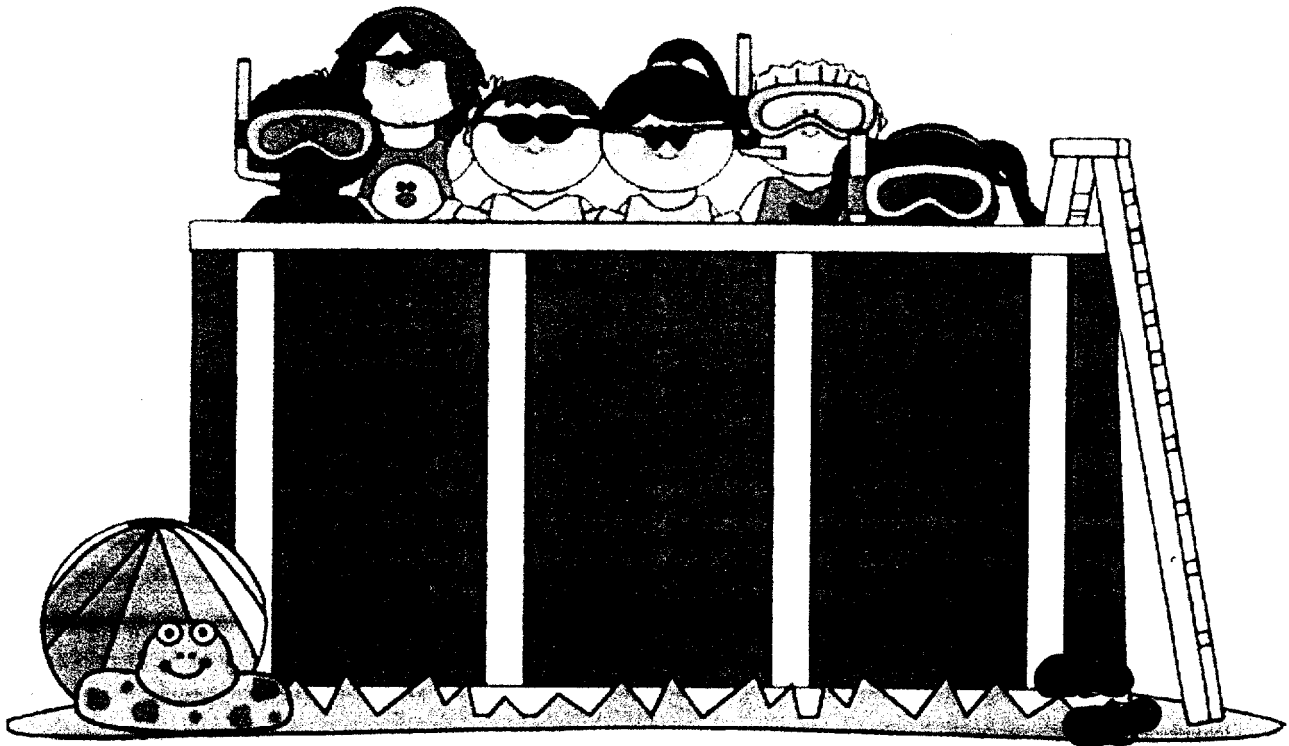
10:30 AM—Fellowship/Coffee in Fellowship Hall

11:00 AM—Adult Christian Education

Monthly – Issue #17

JULY/AUGUST 2017

Enjoy a Safe and Happy Summer



Pastor's Letter



Greetings:

How would you respond to the question, "Why are you a United Methodist?" The question does not ask about why you are a member of a particular church. It asks for you to give a reason or reasons for being a United Methodist.

The question was asked across the country by the Interpreter Magazine to people who come from a variety of backgrounds. One who responded was Ron Baker from Springfield, Virginia. He wrote: "Becoming a United Methodist offered me the opportunity to enhance my faith journey in the direction of serving others. The feeling I receive in helping various ministries has enriched my life 10-fold. When serving others, you forget about increasing your own quality of life, but instead think of wanting to improve others. Being a United Methodist turns one thoughts of wanting to be helpful into action. My teachers are my United Methodist brothers and sisters."

Wow! Now that is a powerful statement about why Ron is a United Methodist. It seems to be all about action – being in action – taking action – doing what needs to be done – serving others.

Lori Berger from Bellwin, Missouri, writes: "I choose to be a United Methodist because I like what I feel is at the heart of this denomination – an openness to thinking and questioning, rather than relying on spoon-fed, easy black-and-white answers; being in community with others who have opposing views and diverse lifestyles and finding strength rather than weakness in that; being a missional church that is often first in line in helping others around the world and at home. BEING the church in action."

Lori seems to be describing the modern United Methodist Denomination. But there it is again, the idea of action – of being involved in missional outreach.

And then we have this from John Barnes of Ellicott City, Maryland, who writes: "I am a United Methodist because several clergy and lay leaders taught me about the way, showed me the way, encouraged me to follow the way, and asked me personally to put my foot on the way." I like John's statement about putting his "foot" on the way. In other words, he is living out his faith through action.

So, what about you? How would you answer the question, "Why are you a United Methodist?" Would it be about a building or about living the faith with action through mission outreach?

Centre Street Church will be sponsoring a class for those who are struggling in our community beginning in August. We will be working with "Bridges to Opportunity" and other agencies in the hopes of living into our calling as a church to go and make disciples for the Kingdom of God.

In sports, there is an old cheer that goes, "Action, action, we want action. A-C-T-I-O-N!!! Action. Action." It's time we move forward into ministry. It's time to be the church in action – in missional outreach – with our "foot" on the way.

God Bless, Rev. Thomas E. Young, Jr.

What's Happening

Online Giving through Vanco Payments



You can now go online to the church website, www.centrestreetumc@gmail.com and make your online donations for your offerings. Click on the bulletin of the week, then go to the link that says, Donate Now. You will need to create your online profile, with your email address and a password and you are ready to start! Every time you go online you will have to log in on right hand side of screen, then go to the left-hand side of screen, fill out your donation amount, then donation frequency, (one-time, weekly, bi-weekly, monthly, or semi-monthly), then the start date and end date. You can set the date you want to have the money debited out of your account. It is very simple to do!!! Give it a try today!!!

Spiritually-based Grief Group

Dr. Gene Gall, is planning on starting a Spiritually-based Grief Group. If you would be interested please contact the church office, 301-722-5370. More information will be coming.



Help for a Heart Attack when Home Alone



Since many people are alone when they suffer a heart attack, this article seemed to be in order.

Without help, the person whose heart is beating improperly and who begins to feel faint, has only about 10 seconds left before losing consciousness.

However, these victims can help themselves by coughing repeatedly and very vigorously. A deep breath should be taken before each cough, and the cough must be deep and prolonged, as when producing sputum from deep inside the chest.

A breath and a cough must be repeated about every two seconds without let up until help arrives, or until the heart is felt to be beating normally again.

Deep breaths get oxygen into the lungs and coughing movements squeeze the heart and keep the blood circulating. The squeezing pressure on the heart also helps it regain normal rhythm.

In this way, heart attack victims can get to a hospital. Tell as many other people as possible about this, it could save their lives.

This has been run before but is good reminder!



Friendship Circle

The Friendship Circle met on May 25th. Hollie James, member of the Friendship Circle, taught us how to make a lampshade for stemware and a matching picture holder. The results were very interesting as each member showed their design skills in such individual ways. It was a lot of fun! Thank you Hollie.



We collected the following items for the Samaritan's Purse Ministry: Kleenex, hair bands, crayons, two soaps, coloring book/crayon set, lotion, five boxes of alphabet flash cards, and five jump ropes. We provided desserts for the Community Dinner in May. We also provided cookies and drinks for the Low Sunday free concert in the parking lot on June 2nd.

Our summer dinner will be held at Puccini's on August 2nd at 6 p.m.

Our next meeting will be June 22nd at 6 p.m. in the Parlor. Dr. Gene Gall will be speaking about grief. All women are invited to join us. We would love to have more members!

~~~~~  
**Audrey Hepburn** wrote when asked to share her "beauty tips."

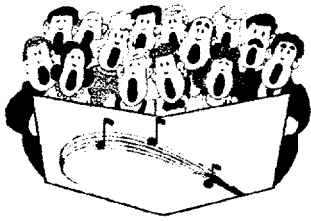
For attractive lips, speak words of kindness. For lovely eyes, seek out the good in people. For a slim figure, share your food with the hungry. For beautiful hair, let a child run his/her fingers through it once a day. For poise, walk with the knowledge that you never walk alone. People, even more than things, have to be restored, renewed, revived, reclaimed, and redeemed; never throw out anyone.. Remember, if you ever need a helping hand, you will find one at the end of each of your arms. As you grow older, you will discover that you have two hands; one for helping yourself, and the other for helping others.



## Let's Sing!!!!

On the seventh page of the United Methodist Hymnal we find "Directions for Singing" from John Wesley, the founder of Methodism: "Sing all....Sing lustily and with good courage...Sing in time...Above all, sing spiritually. Have an eye to God in every word you sing...So shall your singing be such as the Lord will approve here, and reward you when he cometh in the clouds of heaven."

Rewards in heaven? That sounds like a good reason for people to join and sing in the church choir. But what is it really about singing, including singing in the choir, that seems to be a part of the Methodist DNA? How does singing in the choir help church people enjoy a greater understanding of how and why we worship God? How does it help people into a deeper connection with their church and their community? And how does singing have anything to do with having better health?



There is a saying, "To sing is to pray twice." Music is an art form that lifts up people, choir participants, to another level that inspires and nurtures our souls. The benefits of singing go beyond the church walls according to many church choir members. Music can be a common bond between people.

Through the gift of music, we can build community. By singing in a choir music becomes the conduit that brings us together in a very safe and equal environment. We come together in worship, song, in prayer, and to learn about being better citizens of the world. The choir sets the example for the congregation.

And at Centre Street Church, not only do we have a choir, we have a praise band, "Low Sunday," and outstanding musicians. We have music for all ages, all styles, and all backgrounds. It is believed that singing in a choir, or along with the praise band, or hymns on Sunday morning, or listening and tapping your feet or humming along with the pipe organ, can actually promote better health. Participation in church music engages one in meaningful, challenging mental stimulation as well as serving as a release for tension and stress.

When one sings, whether in the choir or in worship, lung capacity is increased which brings about a greater oxygenation of the blood resulting in improved alertness. Singing in the choir or just singing in church is good for the brain. It actually improves memory. Dr. Graham Welch, professor at the Institute of Education in London reports, "Singing in a group is of great interest to neuroscientists as it would seem that there is more of the brain given over to the processing of music than almost any other activity."


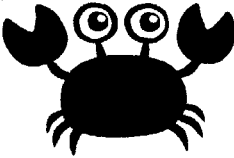









So it is important to sing the hymns of faith or to sing in the choir. Singing is a good workout for the body, the mind, and the soul. The choir is always looking for new members. Why not get involved in the choir? BJ is always looking for members.





# July 2017








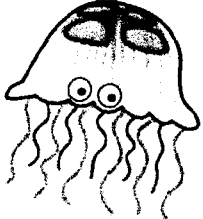





| Sunday                                                                                                       | Monday                                                                                       | Tuesday                                                                                                                          | Wednesday                                                     | Thursday                                                                                                                           | Friday                                                                                      | Saturday                                                                                    |
|--------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
|                             |                                                                                              |                                                                                                                                  |                                                               |                                                                                                                                    |                                                                                             |  1       |
| 2<br>Worship-9:30<br>Christian Education-Children-9:30<br>Christian Education-Adult-11<br>Low Sunday         | 3<br><b>Office Closed</b><br><b>HDLC Closed</b>                                              | 4<br><br>HDLC Closed<br><b>Independence Day</b> | 5<br>10:00 am Craft Workshop<br><br>HDLC Closed               | 6<br><b>Lunchbox</b> 9-12am <br><br>HDLC Closed | 7<br><br><br>HDLC Closed                                                                    | 8                                                                                           |
| 9<br>Worship-9:30<br>Christian Education-Children-9:30<br>Christian Education-Adult-11                       | 10<br>6:00 pm Garden Club Picnic<br><br>6:00 pm Church Council Meeting                       | 11                                                                                                                               | 12<br>10:00 am Craft Workshop                                 | 13<br><b>Lunchbox</b> 9-12am                    | 14<br><b>7:00 pm Low Sunday</b>                                                             | 15                                                                                          |
| 16<br>Worship-9:30<br>Christian Education-Children-9:30<br>Christian Education-Adult-11<br>Low Sunday        | 17                                                                                           | 18<br>                                        | 19<br>10:00 am Craft Workshop                                 | 20<br><b>Lunchbox</b> 9-12am                  | 21<br> | 22                                                                                          |
| 23/30<br>Worship-9:30<br>Christian Education-Children-9:30<br>Christian Education-Adult-11<br>30/ Low Sunday | 24/31<br> | 25                                                                                                                               | 26<br>10:00 am Craft Workshop<br><br>4:00 pm Community Dinner | 27<br><b>Lunchbox</b> 9-12am                  | 28                                                                                          | 29<br> |



# AUGUST 2017



| Sunday                                                                                                | Monday                                                                                    | Tuesday                                                                                | Wednesday                                                                          | Thursday                                                                                                           | Friday                                                                                    | Saturday                                                                                  |
|-------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|
|                      |                                                                                           | 1                                                                                      | 2<br>10:00am Craft Workshop<br>6:00 pm Friendship Circle Dinner - Puccini          | 3<br>Lunchbox 9-12am            | 4                                                                                         | 5<br>  |
| 6<br>Worship-9:30<br>Christian Education-Children-9:30<br>Christian Education-Adult-11                | 7                                                                                         | 8<br> | 9<br>10:00am Craft Workshop                                                        | 10<br>Last one Lunchbox 9-12am  | 11<br> | 12                                                                                        |
| 13<br>Worship-9:30<br>Christian Education-Children-9:30<br>Christian Education-Adult-11<br>Low Sunday | 14<br>   | 15                                                                                     | 16<br>10:00am Craft Workshop<br>11:00 am Getting Ahead Class begins                | 17                                                                                                                 | 18<br>7:00 pm Low Sunday                                                                  | 19<br> |
| 20<br>Worship-9:30<br>Christian Education-Children-9:30<br>Christian Education-Adult-11               | 21                                                                                        | 22<br>10:00 am UM Women Board Meeting<br><br><b>Newsletter Deadline</b>                | 23<br>10:00am Craft Workshop<br>11:00 am Getting Ahead                             | 24<br>                        | 25                                                                                        | 26                                                                                        |
| 27<br>Worship-9:30<br>Christian Education-Children-9:30<br>Christian Education-Adult-11<br>Low Sunday | 28<br> | 29                                                                                     | 30<br>10:00am Craft Workshop<br>11:00 am Getting Ahead<br>4:00 pm Community Dinner | 31                                                                                                                 |                                                                                           |      |

Deadline for the **September** newsletter is **August 22**. Please send articles, notes, jokes, etc. to Cathy Hunter at [cshgbh@gmail.com](mailto:cshgbh@gmail.com). All quotes, cartoons etc. are reprinted with permission from Joyful Noiseletter or Holy Hilarity. The "Brother Juniper" and "Brother Sebastian" cartoons are taken from the 1957, 1961 paperback editions. To everyone that sends regular articles – Thank You – I couldn't do this without your help!

## United Methodist Women



The United Methodist Women Sarah Circle met at the church on June 8<sup>th</sup>. After their meeting the women car pooled to Hobo's Restaurant for a great lunch. The next meeting will be in September, except the Executive Board which has a meeting August 22.

On June 29<sup>th</sup> the United Methodist Women once again will serve dinner for 130 Camp Hope workers.

## United Methodist Men

The United Methodist men met June 20<sup>th</sup> for their annual indoor picnic. Jim Brant, with expert help from his daughter Amanda, was the chef for the evening. Karen Brant provided delicious potato salad, Jane Kuhn and JoAnn Allen a cake each, while Anne May brought baked beans and Sandy Haus some deviled eggs. JoAnn Allen and Brittany Brant were great assistants in the kitchen. Everyone enjoyed a delightful evening.



The United Methodist Men take a summer break during July and August but will meet again in September. We hope everyone has a great and safe summer!

## THE FAMILY CIRCUS



"Yesterday's the past, tomorrow's the future, but today is a gift. That's why it's called the *present*."

Reprinted with permission of Bil Keane





## Humpty Dumpty Learning Center

Congratulations to Mrs. Twigg's preschool class on their recent graduation! The graduation ceremony was outstanding. This class consisted of 21 students so it was no surprise that we had a full house on graduation day! You can see pictures from this event on the next 2 pages.

We are half way into our summer session. We close during the week of 4<sup>th</sup> of July for our summer break. Happy 4<sup>th</sup> of July! Our units of study for the summer are USA, 4<sup>th</sup> of July, Teddy Bears, Circus, Zoo, Watermelon, Fun Fruits and Peanuts. Kona Ice will be visiting every two weeks to help keep the children cool this summer.

HDLC is currently hiring. We are excited to welcome Cherokee and Marcilyn. Cherokee is our new janitor and Marcilyn has joined the substitute list. We will soon be welcoming new staff on both nursery and preschool sides of the center. We are always hiring for substitutes! If you are interested call 301-722-6599 for more information today.

As we go through our summer session we are already preparing for the upcoming school year session. We are currently accepting new enrollments for our 3 and 4-year-old preschool classrooms. The start date of our school year session is August 21, 2017. Call the same number stated above to register or schedule a tour.

*Blessed*  
*is the nation whose God is the Lord,*  
*the people he chose for his inheritance.*  
*Psalm 33:12*

HDLC 2017 Preschool Graduation!



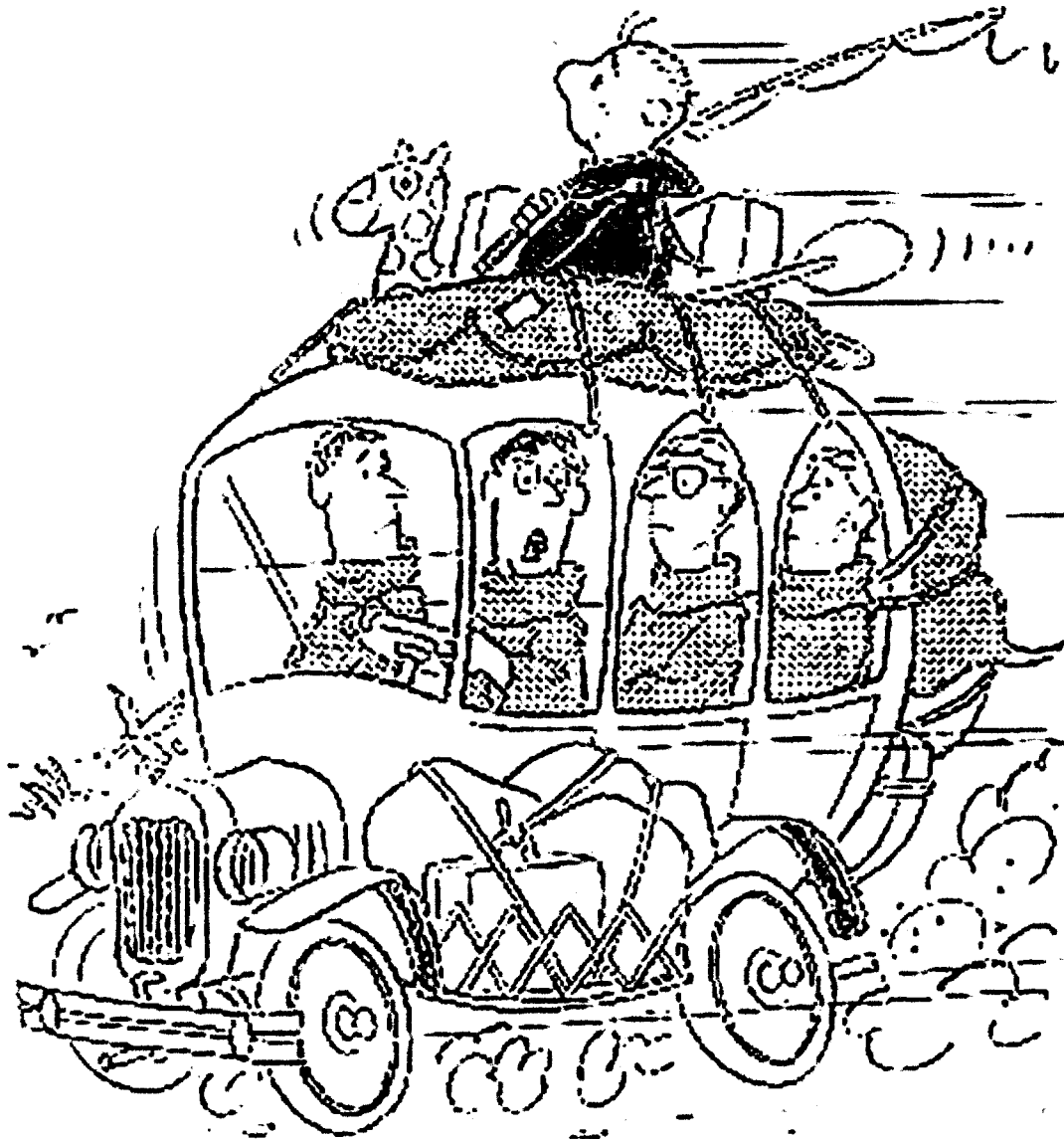
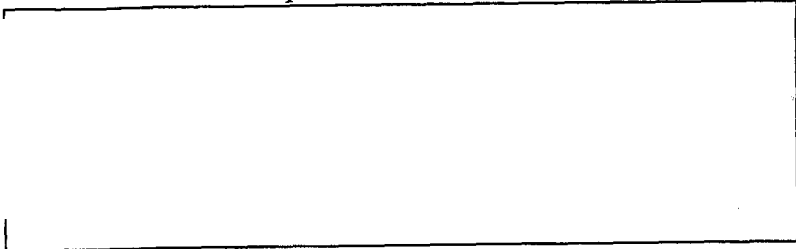
# More Graduation Pictures!



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*“Good heavens! We forgot Brother Juniper!”*